



## WILDCAT MASTERS SWIM TEAM 2011-2012 Rates

The Wildcat Masters Swim Team is an adult swim team. Wildcat Masters offers coached and uncoached swimming opportunities for people 18 years and older. Members must be **registered** with United States Masters Swimming in order to practice. **All participants must pay monthly dues.** As a Masters swimmer you may access the facility during practice times *or* recreational swim hours. The Masters program offers an excellent opportunity to make friends while you get in a great workout, refine your swimming skills, prepare for the local open water competition, train for a triathlon, or prepare for USMS Nationals. The best thing about Masters is, it's whatever you want it to be! Coverage with USMS liability is only during scheduled Coached Masters Practices. There is a onetime team membership fee. Please see below.

### Dues

Membership	Cost
Basic /BCTC Students w/o Activity Fee	\$40/month
UK Student, Faculty, Staff or BCTC Students w/paid activity fee	\$25/month
Sunday Only	\$25/month
Couples	\$60/month

### Practice Times

	Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
<b>Coached Masters Practices</b>	10 am – noon	11 am – 1 pm	5:30am -7:30am 8:30pm – 10pm (*7:30pm-9pm)	11 am –1pm	5:30am -7:30am 8:30pm – 10pm (*7:30pm-9pm)	11am – 1 pm	n/a
<b>Rec. Swim Hours</b> (subject to change.)	Noon-5:00 pm (*12pm-4pm)	10 am-2:00 pm & 5:15 pm-9:00 pm	9:00 am-2:00 pm & 5:15 pm-9:00 pm	10 am-2:00 pm & 5:15 pm-9:00 pm	9:00 am-2:00 pm & 5:15 pm-9:00 pm	10 am-2:00 pm & 5:15 pm-7:00 pm	Noon-5:00 pm (*12pm-4pm)

(\* June-July Only)

### Coaching Staff

**Head Coach: Susan Bradley-Cox.** Susan has been coaching Wildcat Masters for 19 years. She competes on the international level in triathlon, and is a national Masters swimming champion. She coaches Monday, Wednesday, Friday afternoons; Tuesday, Thursday nights; and on Sundays.

**Assistant Coach: Meagan (Donahue) Hennig.** Meagan is originally from California. She was a member of the varsity swim team at Princeton University, taught private lessons for a number of years, coached Masters in San Diego, and former member of Golden Gateway Aquatics in San Francisco. She will be coaching early mornings Tuesdays, Thursdays, and Sundays. This will be her second year on staff.

**Assistant Coach: Clifton Cox.** A former Wildcat Aquatics head coach, Lexington Y Dolphin head coach and Washington Township Swim Team (Ohio) head coach. He was a standout age group and high school swimmer. Clifton will be our guest coach for some Sunday practices. He is the facility manager for Lancaster Aquatic Center.

PLEASE FILL OUT AND MAKE CHECK PAYABLE TO: WILDCAT MASTERS TEAM

RETURN TO: MASTERS SWIM TEAM, 416 UK COMPLEX DRIVE RM. 103, LEXINGTON, KY 40506-0219

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

DOB: \_\_\_\_\_ M/F \_\_\_\_\_ Email Address: \_\_\_\_\_ Today's Date: \_\_\_\_\_

**NEW MEMBER FEE (One Time Fee only): \$25**

**BILL ME:**  EACH MONTH  EACH SEMESTER (SEPT.-DEC., JAN.-APRIL, MAY-JULY)

**MEMBERSHIP TYPE:**  BASIC \$40  UK STUDENT/FACULTY/STAFF/BCTC with activity \$25  
 SUNDAY ONLY \$25  COUPLE \$60