

Swim Kentucky Masters Invitational

Short Course Yards Saturday, March 26, 2022

Sanctioned by Kentucky Local Masters Swimming Committee for USMS Inc. Sanction Number 412-S001 Sponsored By: Swim Kentucky Masters

Location: Clear Creek Family Activity Center, 717 Burks Branch Rd, Shelbyville, KY 40065

Venue: 8 Lane 25-yard competition pool Nonturbulent dividers, Colorado Timing, fully automatic timing, 22 x 22 inch Paragon.

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.

Schedule: Saturday, March 26, 2022

Session One 8:00 a.m. EST; warm-up at 7:15 a.m. EST; doors open 7:00 am EST Session Two: Estimated Start 10:30 am EST; Warm up for Session Two, 30 minutes in the competitive course following the conclusion of the 1650 Event 1

Order of Events Doors Open 7:00 a.m. EST Session One: Warm-up 7:15 a.m. EST, start 8 a.m. EST Session Two: Estimated warm-up 10:00 a.m. EST – estimated start 10:30 am EST

1 *1650 Y Freestyle (32 entry limit)	11 100 Y Breaststroke			
There will be a 30-minute Warm up break after the	There will be a 10-minute break after the completion of			
completion of Event 1	Event 11			
2 *200 Y Freestyle Relay	12 50 Y Backstroke			
There will be a 10-minute break after the completion of	13 200 Y Butterfly			
Event 2	14 50 Y Breaststroke			
3 50 Y Butterfly	15 200 Y Freestyle			
4 200 Y Backstroke	16 100 Y Individual Medley			
5 200 Y Breaststroke	There will be a 10-minute break after the completion of			
6 50 Y Freestyle	Event 16			
There will be a 10-minute break after the completion of	17 *200 Y Medley Relay			
Event 6	There will be a 10-minute break after the completion of			
7 100 Y Backstroke	Event 17			
8 100 Y Butterfly	18 *400 Y Individual Medley) (32 entry limit)			
9 200 Y Individual Medley) -> Enter one only*			
10 100 Y Freestyle	19 *500 Y Freestyle)			

Entry Fees & Deadlines: An entry fee of \$40 will be charged for on-line entries received until Thursday, March 26th, at 9:00 p.m. EST. Maximum entries are four individual events, plus relays.

The Online entry system is available on ClubAssistant.com.

https://www.ClubAssistant.com/club/meet_information.cfm?c=2365&smid=14712 Online entry is paid by credit card to "Tingley LLC". Maximum entries are **four** individual events, plus relays.

<u>An entry fee of \$50 will be charged for paper entries.</u> This fee is for paper entries received by the entry deadline or late entries, accepted before the day of the meet. Checks are preferred. Maximum entries is (4) Four Individual events for the meet, plus relays. Make checks payable to <u>Swim Kentucky Masters</u>. Paper entries are to be received by Wednesday, March 23rd, 2022. Paper Entries received after March 23rd will be considered Late Entries. Send all paper entries to <u>Tom Coons, Clear Creek Family Activity Center, 717 Burks Branch Rd, Shelbyville, KY 40065.</u>

<u>Deck Entry Deadline</u>: Paper deck entries will be accepted from <u>7:00 a.m. until 7:45 a.m. EST, for Session One</u>, and from <u>7:00 a.m., until 10:00 a.m. EST for Session Two</u>, the day of the meet at the facility. The fees for the paper entries received <u>late and deck entries (day of the meet) is \$50.00</u> <u>Relay only entries</u> is a \$10.00 surcharge at the meet. <u>Eligibility:</u> All swimmers must be registered with United States Masters Swimming, Inc. Each swimmer is responsible for his/her USMS card and may be required to show it upon request by officials.

To be entered, a copy of the swimmer's current USMS registration card MUST accompany the paper entry form.he meet entry should display your registered name, USMS number and USMS club or SKY workout group name, according to your USMS card.

Unattached swimmers shall be noted as "UC-(LMSC #)." Unattached swimmers are not eligible to swim on relays. Each swimmer is eligible to enter and swim a maximum of **four** individual events for the meet, plus relays. There shall be no "exhibition" swims.

<u>Age:</u> The age reported on your entry form must reflect the swimmer's age as of 03/26/2022. Swimmers 18-24 years old competing in USMS meets may jeopardize their NCAA eligibility.

<u>Warm-Up/Warm-Down</u>: Swimmers must enter the pool feet first in a cautious manner. The 25 yard warm-up area will be available during the meet. Diving shall be permitted only in the competitive course, in the designated lanes during warm-up. USMS article 102.4 is in effect.

Lane Assignments: Each event will be deck seeded by the pre-entered seed time of each swimmer with the slower heats first, except for the **1650. No time (NT) will not be accepted. All events shall have seed times. Swimmers will be seeded according to time regardless of age. Women and men will be seeded together in heats. Swimmers are responsible for reporting to the blocks on time for their appropriate heat and lane for each event. **The 1650 will be seeded by the pre-entered seed time of each swimmer, with the FASTEST HEATS FIRST. The meet will be seeded when check-in and deck entries close and heat and lane assignments will then be posted around the venue.

*1650 Freestyle shall be limited to 32 entries received (four heats). Swimmers who enter after the 32 entry limit is reached may ask to be on the stand by list. The 1650 will be a checked-in event. Swimmers entered in the 1650 and are on the stand-by list, must check in, in person at the Natatorium between 7:00 and 7:45 am the day of the meet. If a swimmer has not checked in by 7:45 a.m., that swimmer will be scratched from the 1650 and a swimmer from the standby list will take the place of the swimmer who did not check in by the deadline. Swimmers shall provide their own personnel to count for them. Lap counters will be provided.

<u>Split Requests</u>: Swims, with an on time, completed Split Request forms, that meet the requirements of USMS Rule 105.2.2 shall be recorded and submitted to USMS.

Splits times, which meet the requirements of USMS Rule 105.2.2, will be submitted to USMS for all swimmers for all relay lead-off swimmers, 500 and 1000 yards splits from the 1650-yard freestyle,.

*400 Individual Medley & 500 Freestyle: The 400 Individual Medley and the 500 Freestyle shall be men and women seeded together, by event with the 400 IM first. Both events together shall be limited to the first 32 entries received. An athlete may only enter and swim, either the 400 IM or the 500 free, <u>but not both</u>.

<u>Team Representatives</u>: All USMS registered teams should inform the meet director or the clerk of course of one official team representative before the start of event #1, or upon the team's arrival.

Relays: All relays will be deck entered. Relay teams may be entered as MEN, WOMEN, or MIXED, but teams of all types will be seeded together in the same heats, and then scored separately. Swimmers shall swim only one relay. No swimmer may swim on both a mixed and a same-sex team in the same event. Relays should display the <u>USMS</u> <u>club</u> and the USMS registered name of each swimmer on the relay card. All relays, will be deck entered. Relay cards are to be picked up from the check-in table, by the coach or team representative who is responsible for printing legibly all information required. Each card shall include: each swimmer's name as registered with USMS in order swum on relay; first name, last name, age, and sex. The youngest age of the four relay team members shall determine the age group. Relay cards should be returned to the timing room by the announced deadline. There shall be no "exhibition" relay swims.

<u>Protests:</u> Any protests concerning seed times, awards, final results, eligibility, or entries will be addressed to the Meet Director, or Referee. A protest shall be made by the team representative only.

Real-time results and event psych sheet should be posted by Saturday by noon on Saturday, November 20, on Meet Mobile ... and at <u>www.Swim-Meets.TingleyLLC.com/2022/22SKYInvite</u>.

Facility Restrictions: No smoking or alcoholic beverages are allowed on the premises.

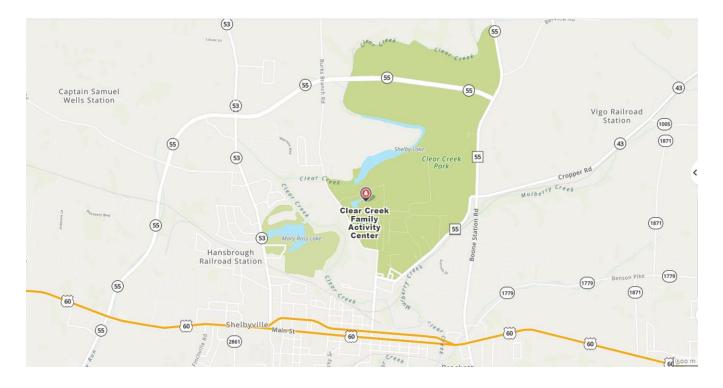
Meet Director: Tom Coons, Clear Creek Family Activity Center, 717 Burks Branch Rd, Shelbyville, KY 40065Email: FACAqDr@gmail.comHome telephone: 773-991-8255

Directions to

Clear Creek Family Activity Center, 717 Burks Branch Rd, Shelbyville, KY 40065

From I 64 West and I-64 East: Take Exit 32 for KY-55 towards Shelbyville Turn onto KY-55 North, Taylorsville Rd for 1.8 miles Turn right onto US-60 E/Midland Trail for 2.2 mi Turn left onto KY-2268/7th St Continue straight onto Burks Branch Rd Continue straight onto Clear Creek Park Access No 1 Destination will be on the left Clear Creek Park Family Activity Center 717 Burks Branch Rd, Shelbyville, KY 40065 From I-71 South Take I-71 exit 28 toward KY-153 South 0.3 mi Keep right at the fork, follow signs for New Castle 102 ft **Continue on KY-153 S to your destination** in Shelby County 20.1 mi Turn right onto KY-153 S 5.8 mi Turn left onto KY-1861 E 0.6 mi Turn right onto KY-322 South, McCoun Rd Continue to follow KY-322 S 4.5 mi Slight left onto KY-53 S 6.5 mi Turn left onto KY-55 N 0.8 mi Turn right onto Burks Branch Rd 1.6 mi **Turn left onto Clear Creek Park Access No** 1 0.2 mi

Destination will be on the left Clear Creek Park Family Activity Center 717 Burks Branch Rd, Shelbyville, KY 40065



Housing:

Best Western Shelbyville, 115 Isaac Shelby Dr, Shelbyville, Ky 40065 502 633 4400 Ramada by Wyndham Shelbyville/Louisville East,

Red Roof Inn Shelbyville,

 251 Breighton Circle, Shelbyville, Ky 40065
 502 257 8402

 101 Howard Dr, Shelbyville, KY 40065
 502 633 4005



Swim Kentucky Masters Invitational

Short Course Yards (SCY) Saturday, March 26, 2022

......

Please Print or Type

Name		Gen	derBirthdate	SKY Workout Group				
Address	City/State/Zip							
Home Phone	Cell PhoneCell Phone							
E-Mail	ATTACH A COPY OF USMS CARD!!							
	-	Mixed	Event	Seed Times Required				
	30 min Warm up Break following the 1500 Free	1	1650 Y Freestyle					
-	10 min Break following the 200 Fr RL	2	200 Y Free Relay	DECK ENTER USMS Club Only				
_		3	50 Y Butterfly					
		4	200 Y Backstroke					
		5	200 Y Breaststroke					
	10 min Break following the 50 Free	6	50 Y Freestyle					
-		7	100 Y Backstroke					
		8	100 Y Butterfly					
		9	200 Y Ind Medley					
		10	100 Y Freestyle					
	10 min Break following the 100 Breast	11	100 Y Breaststroke					
-	ž	12	50 Y Backstroke					
		13	200 Y Butterfly					
		14	50 Y Breaststroke					
		15	200 Y Freestyle					
	10 min Break following the 100 IM	16	100 Y Ind Medley					
	10 min Break following the 200 Fr RL	17	200 Y Medley Relay	DECK ENTER USMS Club Only				
-		18	400 Y Ind Medley	One 400-500 event only				
		19	500 Y Freestyle	One 400-500 event only				

Late and Written Entry Fee: \$50.00. Maximum entries is four (4) events. Relay only entries is a \$10.00 surcharge. Make checks payable to the <u>Swim Kentucky Masters</u>.

RELEASE TO BE SIGNED: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.
- 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	МІ	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Da	nte Signed